



Carly Goldsmith

Executive Coach & Facilitator

Carly brings nearly two decades of human resource and business experience within the global professional services, publishing and staffing industries to work for her clients. As a coach, she partners with senior and mid-level leaders to leverage their strengths to maximize personal engagement and impact created in their roles. Compassionate and intuitive by nature, Carly's facilitation style is often described as engaging, insightful and empowering.

Since launching her coaching and facilitation business, Carly has coached dozens of leaders and mid-career professionals to develop essential skills for success and take ownership of their career development. In addition to her coaching, she has facilitated hundreds of in-person and virtual workshops on leadership development, managing up, motivating others, leading virtual teams, facilitation skills, delivering feedback, performance management and career development. Most recently, Carly has coached leaders and professionals at Deloitte, Boston Private Bank, FSG Consulting, The Advocator Group, SBLLI, Diligent and Adobe.

Prior to launching her business, Carly worked at Deloitte in a variety of human resource roles advising and supporting leaders of the firm to acquire top talent, manage employee relations and develop the leadership competencies of their staff. As part of Deloitte's innovative internal coaching team, Carly coached individuals, groups and teams at all levels. She also held human resource and recruiting positions at New York Newsday and Manpower.

Carly holds a BA in Psychology from Boston University. She completed her professional coaching certifications with Coach U and Team Coaching International. She is a professional certified coach (PCC) through the International Coach Federation. She is certified in a variety of key assessments including MBTI, Lominger Leadership Architect, VOICES 360, and Team Diagnostics.

Carly resides in Boston and enjoys reaping as much as she can out of her urban edible garden, cooking, and spending time with her two young children and husband.

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