



Paul Giragos

Executive Coach & Facilitator

Paul Giragos has over 11 years experience as an executive coach and facilitator of leadership development workshops. His work has taken him to Asia, Switzerland, and the UK where he has worked with leaders from many cultures in diverse industries. He completed his professional coaching coursework with Coaches Training Institute (CTI) and has served as a lecturer and coach at Harvard Business School. He developed his coaching expertise through his work at the Ariel Group and brings an insightful approach to helping leaders refine their executive presence and build greater influence skills. Paul is a keen observer of behavior and a witty and warm facilitator.

His clients at Fortune and Global 500 companies include American Express, Biogen, ExxonMobil, IBM, MetLife, Novartis, and Novo Nordisk. In professional and financial services, Paul has worked with executives and senior teams at Capital Group, Charles River Associates, Deloitte, and Seyfarth Shaw. He has designed and led hundreds of workshops on executive presence, conflict management, presentation skills, and client service.

Paul also enjoys a “side” career as an actor, performing in Boston’s professional theatres and in radio and commercial spots. His performing arts background deeply informs his approach and effectiveness in helping others develop their unique vocal and verbal presence and stretch into roles that may require a new perspective.

Prior to working in the learning and development field, Paul practiced law in New York and Boston for 7 years. He earned his J.D. cum laude from New York University School of Law, where he served on the Law Review. He studied chemistry and history at The University of North Carolina at Chapel Hill where he was elected to Phi Beta Kappa. He is certified to administer the Leadership Versatility Index 360-degree feedback survey and has received training in somatic coaching.

Originally from North Carolina, Paul now lives in Newton, Massachusetts with his wife and two sons. He enjoys swimming, piano, charcoal grilling, and the Red Sox.

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