



Paul Giragos

Executive Coach & Facilitator – Boston

Paul Giragos has worked as an executive coach and facilitator of leadership development workshops since 2004. His work has taken him to Asia, Europe, and all over the US, where he has worked with leaders from many cultures in diverse industries.

Paul completed his professional coaching coursework with Coaches Training Institute (CTI) and has served as a coach at Harvard Business School. He developed his facilitation and training expertise through his work at the Ariel Group and Vantage Partners. As a coach and facilitator, Paul's style is analytical, critical, thoughtful, spontaneous, and witty.

His clients have included Amazon Robotics, Carbon Black, ExxonMobil, ezCater, Harvard Pilgrim Health Care, IBM, MetLife, and Partners Healthcare. In professional and financial services, Paul has worked with executives and senior teams at Capital Group, Charles River Associates, PricewaterhouseCoopers, and Seyfarth Shaw. In pharma and biotech, he has worked with The Broad Institute, Biogen, ImmunoGen, Novartis, Sarepta, and TESARO. For these and other clients he has designed and led hundreds of workshops on executive presence, people management, conflict management, and presentation skills.

Paul also enjoys a "side" career as an actor, performing in Boston's professional theatres and in radio and commercial spots. His performing arts experience deeply informs his approach and effectiveness in helping others develop their unique leadership presence and stretch into roles that may require a new perspective.

Prior to working in the learning and development field, Paul practiced law in New York and Boston for 7 years. He earned his J.D. cum laude from New York University School of Law, where he served on the Law Review. He studied chemistry and history at The University of North Carolina at Chapel Hill, where he was elected to Phi Beta Kappa. He is certified to administer the Leadership Versatility Index 360 and The Hogan and has received training in somatic coaching.

Originally from North Carolina, Paul now lives in Newton, Massachusetts with his wife and two sons. He volunteers with Understanding Our Differences, educating children about living with Type 1 diabetes, which he has successfully managed since 1988. Paul loves to swim, play piano and sing, and eat ice cream and grilled vegetables.