

# Angie O'Donnell

## Executive Coach

Angie is a Master Certified Coach (MCC) with 20 years of international business experience. She has held leadership roles in global HR and executive development, taking her to Zurich and Hong Kong on expatriate assignments and then to Mexico City and Bogota on long-term projects. In 2002 she became an entrepreneur and co-founded 3D Leadership Group, an executive coaching firm based in Boston, Massachusetts.

Angie's clients include C-level executives in international organizations and growing start-ups. Her coaching focus involves enhancing emotional intelligence, addressing the inherent stress of executive roles, encouraging inclusive leadership behaviors, and being a confidential sounding board. One of her favorite creative projects was launching the Prism women's leadership program in 2018 committed to accelerating mid-career women.

Angie's diverse corporate experience includes roles with Bank of Boston (Bank of America), Coutts Private Bank, The Kendall Company (Colgate Palmolive), Bentley University, and the McDonald's Corporation of Canada. She learned a lot about well-being in her part-time role as a mindfulness facilitator at the Kripalu Center for Yoga and Health in Stockbridge, Massachusetts.

In 2019, Angie was awarded the Master Coach Certification, an exclusive recognition from the International Coaching Federation. She is an active member of the Forbes Coaches Council and the Women President's Organization (WPO). She has been quoted or featured in *The Boston Globe*, *The Boston Business Journal*, *Banker and Tradesman*, *CityBiz*, and *CIO Magazine*.

Originally from Canada, Angie resides in the Boston area with her husband and two daughters. She enjoys international travel, live music, theater, Rolling Stone magazine, the farm-to-table movement, and the Maine seacoast.

**Did you know?** In the 1970s, Angie made a 45-rpm vinyl record.



### Education:

- MBA - Babson's F.W. Olin Graduate School of Business
- BBA - University of New Brunswick, Canada

### Certifications:

- Master Coach Certification
- New Ventures West Integral Coach Training
- Positive Psychology Program
- MBSR-Stress Reduction Program
- Essential Facilitation (Interaction Associates)
- Harvard Negotiation Course
- The LVI 360 (Kaiser Leadership)
- The Hogan Suite
- The CCL Suite
- Voices 360 (Korn Ferry)
- Teamcoach International
- Team EI survey (Ei World)
- The Enneagram Institute
- The Leadership Circle 360
- MBTI and FIRO-B
- EQ-i 2.0 (MHS)

### Selected Clients:

Abry Partners, Alexion, Amazon, BlueCross BlueShield, Charles River Associates, John Hancock, Harvard Executive Education, ImmunoGen, Inspire Brands, JLL, Locus Robotics, Mass General Brigham, McGraw-Hill, Morgan Stanley, New Balance, Novo Nordisk, PTC, Rapid7, Teradata, TJX, Wolf Greenfield Law, and The City of New York.