

# Paul Giragos

## Executive Coach

Paul Giragos has been an executive coach and facilitator of leadership development workshops since 2004. His work has taken him to Europe, Asia, and the US, where he has worked with leaders from many cultures.

Paul is a Professional Certified Coach with the ICF and completed his coach training with the Coaches Training Institute (CTI). He developed his facilitation and training expertise through his work at the Ariel Group and Vantage Partners. As a coach and facilitator, Paul's style is analytical, thoughtful, spontaneous, energetic, and warm.

Paul has designed and led hundreds of workshops on executive presence, people management, conflict management, and presentation skills and coached their leaders on the same. Paul's deepest industry experience is in professional and financial services, life sciences, and tech.

Before working as a coach and facilitator, Paul practiced law in New York and Boston. He earned his J.D. *cum laude* from New York University School of Law, where he served on the *Law Review*. He studied chemistry and history at The University of North Carolina at Chapel Hill, where he was elected to Phi Beta Kappa.

Paul enjoys a "side" career as an actor, performing in Boston's professional theatres and in radio and commercial spots. Paul leverages his performing experience to help clients develop their unique leadership presence and stretch into roles that may require a new perspective.

Originally from North Carolina, Paul lives in Newton, Massachusetts, with his wife and two sons. He volunteers with Understanding Our Differences, educating children about living with Type 1 diabetes, which he has successfully managed since 1988. Paul loves to swim, play piano and sing, and eat ice cream and grilled vegetables.

**Did you know?** Paul swam 8 miles (13 km) across Lake Geneva from Switzerland to France. It took him 5 hours.



### Education:

- J.D. *cum laude* – New York University School of Law
- BA - University of North Carolina, Chapel Hill

### Certifications:

- Professional Coach Certification
- The LVI 360 (Kaiser Leadership)
- The Hogan Suite
- Team EI survey (Ei World)
- Somatic coaching training
- Visual Thinking Strategies training
- DEI training

### Selected Clients:

American Tower, Amazon Robotics, Alexion, Biogen, Boehringer Ingelheim, Boston Foundation, The Broad Institute, Capital Group, Carbon Black, Carbonite, Charles River Associates, Consigli Construction, ExxonMobil, Harvard Business School, Harvard Pilgrim Health Care, ImmunoGen, Locus Robotics, Motional, Pine River Capital, PricewaterhouseCoopers, PSG Equity, PTC, Recorded Future, Sarepta, Seyfarth Shaw, Teradata, THL, Verve, Withers, and Wolf Greenfield Law.